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This month: Balancing family payments, preparing for tax time, and scams.

G'day, I'm Hank Jongen, here to tell you what's happening with the department in July.

Soon, we'll start balancing Family Tax Benefit payments for the 2018 - 19 financial year.

We'll check that you've received the right amount and if you're eligible for any supplements.

Before we can balance payments, most families will need to lodge tax returns or tell us that they don't need to lodge one.

If you don't need to lodge a tax return, you can tell us using your Centrelink online account or mobile app.

Once you've done this, there's nothing else you need to do. We'll send you a letter to let you know the outcome.

Remember, we'll only start balancing Family Tax Benefit once you've received your LAST payment for the 2018 – 19 financial year.

This should be between 3 and 16 July.

If you've got questions about balancing, ask our Family Update team on Facebook or Twitter.

As we head into tax time, I'd like to share some tips to help you prepare your tax return.

If you get a taxable Centrelink payment, and you use myTax or a registered tax agent, your Centrelink payment summary information will be pre-filled for you from mid-July.

If you do your tax return yourself, make sure you've linked both your Centrelink online account and ATO online account to your myGov account.

To link a service, just sign in to myGov, select 'Services' from the menu bar and follow the prompts.

To view a copy of your Centrelink payment summary, you can go online, use the app, or call our self-service phone line and say 'request a document'.

During tax time, you need to be on the lookout for scams.

It's common for scammers to impersonate government agencies to trick you into providing login details, or other personal information.

If you're unsure if the call is genuinely from Human Services, the ATO or myGov, simply hang up. You can then call back using a publicly listed phone number.

Also, NEVER click on any links or download files from suspicious text messages, emails or social media posts.

These scams use imagery to make the messages look convincing, so take a moment to think about that text message, email, or phone call.

Is it really from who it claims to be from?

To learn more about how to protect yourself, visit our website.

Thanks for watching, and don't forget to like or follow us on social media and subscribe to our YouTube channel to keep up to date. I'll see you next month!