

Title: DHSTV October update 2015

About the video

Department of Human Services General Manager Hank Jongen highlights important updates for October 2015.

[Start of transcript]

This month, free financial advice for seniors, breast cancer awareness, and help for carers.

G'day I'm Hank Jongen, General Manager of the Department of Human Services with an update on what's happening in the department this October.

It's Senior's Week in Victoria and Tasmania later this month and a good opportunity to talk about Age Pension and planning for your retirement. Retirement is a major life change and our Financial Information Service is here to help.

We offer free seminars to help with planning your retirement and understanding your pension, and our Financial Information Service Officers (or FISOs) are available for one on one appointments to handle more complex issues.

If you're approaching that stage in your life it's worth looking into, and best of all, it's free.

October is Breast Cancer Awareness Month, and while survival rates continue to improve in Australia, it's still one of the most common cancers in women. It's a timely reminder to find out more about breast cancer and share the information with your friends and family.

If you or someone you know suffers from breast cancer we have information about the Pharmaceutical Benefits Scheme medicines available and if you've had an External Breast Prosthesis you may be able to be reimbursed through our program.

You can also speak to one of our social workers who can provide free counselling, support and information.

Spending each day caring for someone with a disability, illness or medical condition is an important responsibility.

National Carers Week takes place in October and is about celebrating and learning more about the contribution of carers in our community.

We'll be sharing information about the assistance and services available to help support our carers on our social media accounts during this time, and if you are a carer, I'd encourage you to check in with us to find out what assistance is available.

Thanks for watching. More information about everything I've mentioned can be found on our website or you can like or follow us on social media and subscribe to our channel to keep up to date.

I'll see you next month, bye for now.

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